Hearing Voices Group



This a self help group for people who hear voices or experience related challenges of the mind and emotions.

- Understand more about the voices
- Make more sense of what you are going through
- Grow in self confidence
- Gain hope and make progress

When: Every Thursday

Time: 2:00 p.m.

Where: Recovery Learning Community

225 E. Inger Drive, Suite 101A, Santa Maria, Ca 93454

805-928-0139